



Health poll

COVID-19

Fielded June 2020

Every month, IBM Watson Health conducts a health poll that surveys approximately 3,000 Americans to gauge attitudes and opinions on a wide range of healthcare issues.

This health poll is powered by the IBM Watson Health PULSE® Healthcare Survey, an independently funded, multi-modal (land line, cell phone, internet) survey that collects information from approximately 80,000 U.S. households annually.

The results depicted in this report represent responses from 3,000 survey participants interviewed from June 1–14, 2020, with a margin of error of +/- 1.8%.

Executive summary

This health poll asked U.S. healthcare consumers about coronavirus disease 2019 (COVID-19).

Of all respondents:

25%

said they are Very Comfortable returning to their workplace, and 8% said they are Not At All Comfortable.

32%

said they are Very Comfortable resuming in-person care at a physician's office, and 5% said they are Not At All Comfortable.

12%

said they are Very Comfortable using public transportation, and 27% said they are Not At All Comfortable.

21%

said their emotional well-being is Excellent. This rate is lower than the rate of 2019 survey respondents¹ who said the same (25%), and this decrease is statistically significant.

26%

said they are Very Comfortable resuming in-person, non-surgical care at a hospital, and 8% said they are Not At All Comfortable.

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This section is about the easing and lifting of COVID-19 related restrictions. For each of the following statements, please use a scale of 1 to 5, where 1 means Not At All Comfortable and 5 means Very Comfortable. You can use any number in between. **How comfortable would you be doing each of the following once the restriction have been lifted or eased?**

Note:
Bolded figures are statistically significant

Question 1: Returning to work (not remote working from home)

	1 - Not At All Comfortable	2	3	4	5 - Very Comfortable
<35	7.9%	20.2%	22.8%	20.2%	20.7%
35 - 64	8.5%	9.2%	15.4%	18.7%	29.8%
65+	8.9%	9.9%	12.7%	12.0%	21.0%
Total	8.4%	12.5%	16.9%	17.6%	25.2%
HS or Less	10.2%	13.2%	15.1%	13.0%	24.9%
Some College/Associate	7.6%	8.2%	18.6%	15.5%	24.9%
College+	8.1%	14.8%	16.6%	21.0%	25.5%
Total	8.4%	12.5%	16.9%	17.6%	25.2%
Silent Generation	7.1%	6.9%	16.3%	10.9%	22.0%
Baby Boomers	8.0%	13.2%	12.2%	12.8%	21.2%
Generation X	9.4%	7.7%	16.3%	19.8%	30.9%
Millennials	8.1%	17.5%	21.3%	20.6%	23.6%
Total	8.4%	12.5%	16.9%	17.6%	25.2%
<\$25k	9.8%	8.9%	24.7%	12.6%	22.3%
\$25k - \$49.9k	9.0%	14.2%	13.4%	16.0%	24.8%
\$50k - \$99.9k	5.9%	15.5%	16.7%	16.7%	27.2%
\$100k+	8.2%	10.9%	14.1%	26.1%	27.8%
Total	8.4%	12.5%	16.9%	17.6%	25.2%

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Note:
Red Bolded figures are statistically significant between years

Question 2: Using public transportation (i.e., subway, bus)

	1 - Not At All Comfortable	2	3	4	5 - Very Comfortable
<35	27.1%	22.8%	18.9%	11.5%	11.4%
35 - 64	24.0%	17.4%	15.7%	12.6%	14.0%
65+	32.5%	14.2%	15.3%	7.0%	9.0%
Total	26.9%	18.2%	16.5%	11.0%	12.1%
HS or Less	27.5%	11.7%	13.8%	10.0%	18.8%
Some College/Associate	28.8%	15.8%	17.3%	10.8%	8.9%
College+	25.3%	22.8%	17.4%	11.6%	10.9%
Total	26.9%	18.2%	16.5%	11.0%	12.1%
Silent Generation	28.1%	16.1%	17.3%	8.0%	10.0%
Baby Boomers	30.7%	17.3%	12.9%	8.0%	9.5%
Generation X	21.8%	15.9%	17.7%	13.7%	14.4%
Millennials	28.3%	21.5%	18.2%	11.3%	12.4%
Total	26.9%	18.2%	16.5%	11.0%	12.1%
<\$25k	27.3%	11.7%	18.1%	15.5%	17.8%
\$25k - \$49.9k	24.7%	19.9%	14.3%	8.7%	10.6%
\$50k - \$99.9k	30.7%	18.2%	16.0%	10.3%	9.1%
\$100k+	21.1%	22.6%	19.2%	12.8%	12.9%
Total	26.9%	18.2%	16.5%	11.0%	12.1%

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Question 3: Resuming in-person, non-surgical care at a hospital

	1 - Not At All Comfortable	2	3	4	5 - Very Comfortable
<35	8.1%	14.6%	29.7%	22.1%	19.2%
35 - 64	7.4%	7.4%	20.5%	29.0%	27.0%
65+	8.8%	9.6%	23.7%	21.8%	30.1%
Total	7.9%	10.0%	23.8%	25.4%	25.5%
HS or Less	9.2%	9.0%	29.7%	15.2%	23.7%
Some College/Associate	6.4%	8.9%	22.8%	27.2%	25.4%
College+	8.3%	11.1%	21.6%	29.2%	26.5%
Total	7.9%	10.0%	23.8%	25.4%	25.5%
Silent Generation	7.3%	6.4%	25.8%	19.6%	36.5%
Baby Boomers	9.1%	11.7%	21.4%	22.7%	25.8%
Generation X	6.5%	6.1%	20.6%	29.8%	29.2%
Millennials	8.5%	12.9%	28.4%	24.5%	19.8%
Total	7.9%	10.0%	23.8%	25.4%	25.5%
<\$25k	8.7%	12.1%	26.1%	19.4%	25.3%
\$25k - \$49.9k	6.4%	9.6%	22.7%	26.7%	23.1%
\$50k - \$99.9k	10.5%	7.5%	24.9%	26.6%	24.2%
\$100k+	6.4%	10.6%	22.7%	29.2%	28.9%
Total	7.9%	10.0%	23.8%	25.4%	25.5%

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Question 4: Resuming in-person medical care at a doctor's office

	1 - Not At All Comfortable	2	3	4	5 - Very Comfortable
<35	6.6%	9.6%	24.1%	35.9%	19.8%
35 - 64	3.7%	7.2%	20.6%	30.7%	34.1%
65+	7.7%	2.7%	15.5%	29.9%	42.4%
Total	5.4%	6.8%	20.4%	32.0%	32.0%
HS or Less	9.8%	4.8%	18.1%	29.0%	29.2%
Some College/Associate	3.8%	4.9%	21.1%	32.1%	34.7%
College+	4.4%	9.0%	21.0%	33.3%	31.5%
Total	5.4%	6.8%	20.4%	32.0%	32.0%
Silent Generation	6.8%	0.5%	12.5%	28.8%	48.3%
Baby Boomers	6.3%	6.6%	17.5%	28.3%	37.4%
Generation X	4.2%	6.5%	18.8%	32.5%	35.2%
Millennials	5.7%	8.5%	25.7%	35.0%	21.4%
Total	5.4%	6.8%	20.4%	32.0%	32.0%
<\$25k	8.4%	6.2%	20.1%	29.0%	30.3%
\$25k - \$49.9k	5.6%	6.5%	21.2%	33.9%	27.9%
\$50k - \$99.9k	5.7%	6.2%	19.2%	35.7%	30.4%
\$100k+	2.9%	8.6%	23.2%	28.9%	36.0%
Total	5.4%	6.8%	20.4%	32.0%	32.0%

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Question 5: Having an elective surgical procedure at a hospital

	1 - Not At All Comfortable	2	3	4	5 - Very Comfortable
<35	12.9%	13.8%	21.6%	25.8%	17.2%
35 - 64	11.1%	10.3%	18.3%	26.6%	25.5%
65+	12.2%	6.5%	16.7%	21.9%	34.6%
Total	11.8%	10.4%	18.9%	25.3%	25.3%
HS or Less	18.9%	6.1%	20.1%	17.7%	23.8%
Some College/Associate	9.8%	8.3%	21.8%	24.9%	24.7%
College+	9.7%	13.8%	16.4%	29.2%	26.4%
Total	11.8%	10.4%	18.9%	25.3%	25.3%
Silent Generation	13.7%	4.2%	16.7%	18.5%	42.5%
Baby Boomers	11.8%	10.2%	17.5%	20.8%	28.8%
Generation X	11.6%	8.7%	16.9%	31.0%	24.6%
Millennials	11.8%	13.3%	22.2%	24.8%	19.8%
Total	11.8%	10.4%	18.9%	25.3%	25.3%
<\$25k	13.9%	8.5%	20.7%	24.4%	23.4%
\$25k - \$49.9k	12.5%	6.3%	18.8%	24.5%	25.9%
\$50k - \$99.9k	11.9%	13.5%	20.2%	24.3%	25.7%
\$100k+	8.4%	12.6%	16.5%	29.2%	27.3%
Total	11.8%	10.4%	18.9%	25.3%	25.3%

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Question 6: How would you rate your emotional well-being? Would you say...?

	2020				
	Poor	Fair	Good	Very Good	Excellent
<35	10.3%	18.2%	31.3%	26.7%	13.2%
35 - 64	3.7%	17.1%	29.7%	29.2%	19.6%
65+	1.5%	9.3%	26.5%	31.3%	31.4%
Total	5.0%	15.6%	29.4%	29.0%	20.5%
HS or Less	7.8%	18.0%	29.4%	25.0%	18.0%
Some College/Associate	5.5%	17.8%	32.2%	27.2%	17.1%
College+	3.4%	13.1%	27.6%	31.9%	23.9%
Total	5.0%	15.6%	29.4%	29.0%	20.5%
Silent Generation	0.6%	7.2%	22.8%	36.6%	32.8%
Baby Boomers	2.2%	11.6%	27.6%	32.4%	26.2%
Generation X	3.9%	18.5%	29.6%	27.8%	19.2%
Millennials	9.2%	17.7%	32.0%	25.9%	14.9%
Total	5.0%	15.6%	29.4%	29.0%	20.5%
<\$25k	9.8%	19.0%	33.4%	22.8%	14.2%
\$25k - \$49.9k	5.5%	20.8%	28.7%	27.8%	17.2%
\$50k - \$99.9k	4.5%	12.9%	31.2%	32.9%	18.5%
\$100k+	2.0%	10.3%	26.9%	30.1%	30.6%
Total	5.0%	15.6%	29.4%	29.0%	20.5%

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Question 6: How would you rate your emotional well-being? Would you say...?

	2019 ¹				
	Poor	Fair	Good	Very Good	Excellent
<35	7.6%	17.2%	27.6%	26.6%	20.6%
35 - 64	4.7%	14.2%	26.9%	30.6%	23.4%
65+	2.8%	9.8%	21.9%	32.4%	32.9%
Total	5.1%	14.1%	26.0%	29.8%	24.7%
HS or Less	7.9%	18.2%	26.6%	27.2%	19.6%
Some College/Associate	6.1%	18.0%	29.9%	26.8%	18.9%
College+	3.1%	9.5%	23.1%	33.0%	31.0%
Total	5.1%	14.1%	26.0%	29.8%	24.7%
Silent Generation	2.4%	8.7%	21.3%	34.8%	32.5%
Baby Boomers	3.4%	10.8%	24.5%	32.0%	29.1%
Generation X	5.1%	15.2%	27.3%	30.2%	22.1%
Millennials	7.0%	16.8%	26.9%	26.8%	22.1%
Total	5.1%	14.1%	26.0%	29.8%	24.7%
<\$25k	9.9%	24.5%	28.6%	21.3%	15.1%
\$25k - \$49.9k	6.4%	17.5%	29.6%	29.4%	16.9%
\$50k - \$99.9k	3.1%	11.0%	25.8%	33.1%	26.9%
\$100k+	1.8%	5.2%	19.3%	33.4%	40.3%
Total	5.1%	14.1%	26.0%	29.8%	24.7%

Footnote:

1. 2019 PULSE Survey sample size of 23,824 U.S. healthcare consumers interviewed between January 1, 2019 and December 31, 2019, with a margin of error of +/- 0.63%

Learn more

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<https://www.ibm.com/watson-health/learn/pulse-health-polls>

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IBM Corporation

Route 100 Somers, NY, 10589

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